"All hands man your replenishment stations!" Once a month throughout the deployment, we conducted our logistics replenishment, taking on food and much needed supplies. Usually lasting approximately four hours, we completed our March "UNREP" in a record two hours! Once all food and supplies are properly transferred and all shot lines are disconnected "flank speed" is ordered to the helm and the familiar sound of "The Long Ranger" theme can be heard throughout the ship. With a full supply of stores onboard and the wind behind her, the "Mighty Missy" is off until the next month, when she'll do it all over again.